THOBAN
chefs



WELCOME TO THOBAN CHEFS

We are thrilled to have you here, and we hope you enjoy a delicious meal and a great time with us!

CORKAGE FEE - R40 PER BOTTLE (WINE ONLY - NO HARD LIQUOR) MAXIMUM OF 3 CORKAGE BOTTLES PER TABLE

10% SERVICE CHARGE ADDED TO BILLS WITH 8 OR MORE

AT BUSY TIMES, FOOD CAN TAKE 45 MIN - 1 HOUR

PARKING AND RESTAURANT AREA AT OWN RISK

BREAKFAST

Available from 9am - 11am

You can swap your ciabatta for a half waffle

Eggs Benedict — 97

Two poached eggs on two slices of ciabatta, served with two pieces of back bacon and hollandaise sauce.

Smoked Salmon Benedict — 105

Two poached eggs on two slices of ciabatta with smoked salmon, capers, and hollandaise sauce.

Thoban Breakfast — 137

Two pieces of bacon, one cheese griller, two eggs, ciabatta toast, chips, fried tomato, and garlic mushrooms.

Avo Toast — 65

Toasted ciabatta topped with avocado, red onion, cherry tomatoes and feta, seasoned with salt, pepper and a squeeze of fresh lemon.

Extras

Chips	30
Tomato slice	12
Egg	12
Bacon	18
Footlong cheese griller	42
Cheese	20
Mushrooms	35
Slice of ciabatta	7
Hollandaise sauce	23

Breakfast Special

ONLY R50

Two pieces of bacon, fried tomato, one egg, chips, and ciabatta toast.



THOBAN chefs

BELGIAN WAFFLES

Freshly Made

Plain Jane Waffle

Full	Half
65	38

Waffle topped with your choice of Cream or Ice Cream served with a selection of Syrups.

Barmellow

Full	Half
95	59

Waffle topped with Bar-one spread and Roasted Marshmallows Drizzled with Dark Chocolate Sauce with your choice of Cream or Ice Cream.

Oreo Waffle

Full	Half
82	56

Waffle topped with Homemade Oreo Ice Cream, Oreo bits and Drizzled with Dark Chocolate Sauce.

Death by Chocolate

Full	Half
82	56

Waffle topped with chocolate Mousse and Drizzled with Dark Chocolate Sauce with your choice of Cream or Ice Cream.

Blueberry Drizzle

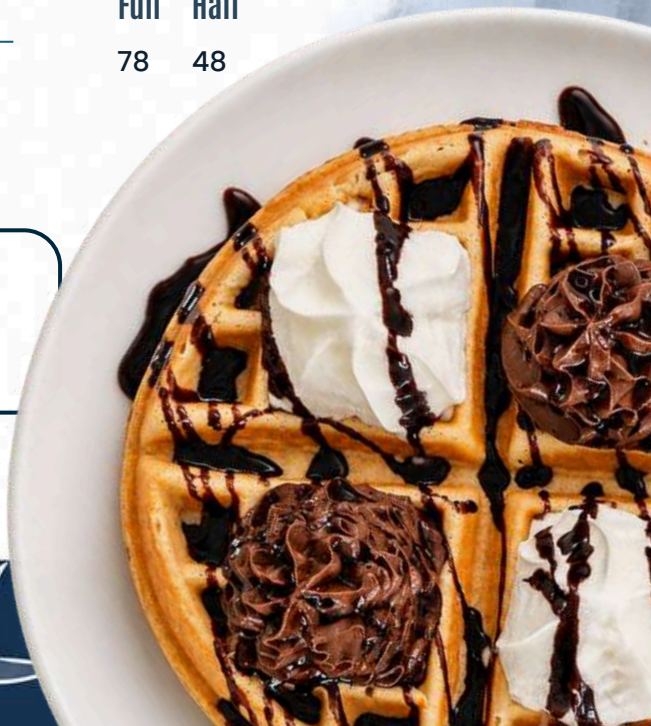
Full	Half
78	48

Waffle drizzled with Blueberry Sauce and your choice of Cream or Ice Cream

Chocolate Loaded Waffle Fries

Half
65

Half Waffle strips, served with a chocolate drizzle, marshmallow topping and sprinkles.



Tasty Bites

STARTERS

Jalapeño Poppers (2 large)

Salmon Tempura 85

Deep-fried jalapeño stuffed with smoked salmon and cream cheese.

Bacon Wrapped 85

Jalapeno, stuffed with cream cheese, bacon wrapped then grilled with teriyaki sauce.

Tempura Chicken Winglets (4) 69

Coated in sticky teriyaki or teriyaki chilli sauce.

Thai Chicken Balls (3) 64

Homemade Thai chicken balls, tempura battered, topped with teriyaki sauce and sriracha mayo.

Sesame Chicken 64

Tempura chicken cubes tossed in teriyaki sauce and sesame seeds.

Tempura Prawns (3) 85

Tempura prawns served with sriracha mayo.

Calamari 95

Flour dusted, served with homemade tar-tar sauce.

Dumplings

Steamed dumplings served with a dipping sauce.

Chicken (4)	65
Prawn (3)	88
Pork (4)	65

Spring Rolls

Served with a Thai sweet chilli sauce.

Chicken (2)	59
Prawn (2)	64
Vegetable (2)	52



Too Good to Skip

STARTERS

West Coast Mussels — 90
In a creamy garlic sauce with a toasted ciabatta slice. Chilli or No chilli option.

Homemade Salmon Fishcakes (2) — 75
Fish cakes packed with salmon, coated in a crispy tempura crunch, served with tartar sauce and coleslaw.

Loaded Thoban Fries — 65
Chips loaded with cheesy sauce, jalapeños, and bacon bits.

Wonton Soup — 86
Wontons and noodles in an Asian mushroom and chicken broth.

Crumbed Mushrooms — 86
With sweet chilli mayo or ranch dressing.

Creamy Prawn Salad (4) — 150
Tempura-battered prawns tossed in creamy sriracha mayo, served on a bed of lettuce with avocado and cucumber.

Oysters

Fresh live oysters available.

1 Oyster	38
6 Oysters	228

+ Free glass of Brandvlei Cellars sparkling wine.

Extras and Sides

Chips	30
Rice	20
Savoury Rice	35
Egg Noodles	20
Stir-fry Vegetables	40
Side Salad	35
Small Greek Salad	45
Egg-fried Rice	35
Coleslaw	35



Wok Favourites

ASIAN MAINS

Chow Mein

Stir fry vegetables with egg noodles.

Vegetable	90
Chicken	110
Pork	110
Beef	125
Prawn	165

Chop Suey

Stir fry vegetables with rice.

Vegetable	90
Chicken	110

Teriyaki (Sweet Soy Glaze)

Tempura-battered cubes in teriyaki sauce, served with rice or egg noodles.

Chicken	126
Pork	139

Sweet and Sour

Tempura battered in a celery, onion, peppers and pineapple sweet and sour sauce, served with rice or egg noodles.

Chicken	130
Pork	138



CHEF'S SPECIAL

Thai Curry

Thai Green, Thai Red or Thai Panang (has a hint of peanut butter).

Creamy Thai vegetable curry served with rice or egg noodles.

Vegetable	125
Chicken	155
Chicken & Prawn	187

Crispy Chicken (Very Crispy) 132

Crispy shredded chicken in a sweet-savoury sauce on top of rice.

Thai Sweet Chilli Chicken 140

Tempura-battered chicken cubes in a Thai sweet chilli sauce, served with rice or egg noodles.

Chilli Black Bean Chicken Fried Rice 140

Chicken stir-fry with rice, chillies and black soybeans.

Mongolian Beef 178

Fried sirloin beef strips in a sweet soy sauce with spring onion and chilli, served with rice or egg noodles.

Pepper Beef 178

Sirloin beef strips in a black pepper teriyaki sauce, served on a sizzle plate with rice or egg noodles.

General TSO's Chicken 140

Tempura-battered chicken cubes in sweet soy and hoisin sauce with chilli, served with rice or egg noodles.

Asian Pork Pancakes (8)

Pork strips and spring onion in a sweet soy sauce, served with Asian pancakes. 160



Fresh, Quality

SEAFOOD

Hake 175

Tempura-battered or pan-fried hake, served with homemade tartar sauce and a side of your choice.

Calamari 195

Flour-dusted calamari served with homemade tartar sauce and a side of your choice.

Pan-Fried Prawns (8) 284

Queen prawns pan-fried in garlic-lemon butter, served with a side of your choice.

Fishcakes (4) 136

Homemade salmon fishcakes served with tartar sauce and a side of your choice.

Tempura Prawns (8) 230

Tempura prawns served with sriracha mayo and a side of your choice.

Salmon Steak 277

Butter-poached salmon steak in a lemon-butter caper sauce, served with a side of your choice.

3-Way Tuna Steak 240

Small portion of each of the above tuna steaks, served with a side of your choice.

West Coast Mussels (20)

Creamy garlic mussels served with 2 slices of ciabatta bread. 185

Chilli or no chili option



SEAFOOD COMBOS

Mix, Match & Enjoy

Tempura Seafood Platter 289

3 tempura prawns, tempura battered hake, flour dusted calamari, 2 salmon fishcakes and creamy garlic mussels served with siracha mayo, homemade tar-tar sauce and a side of your choice.

Grill Seafood Platter 289

3 Queen prawns pan fried in lemon garlic butter, grilled hake, flour dusted calamari, salmon fishcake and creamy garlic mussels served with homemade tar-tar sauce and a side of your choice.

Build your own seafood combo

Best of both worlds, choose from any of the combos below (minimum 2), comes with a side and sauce of your choice.

Pan-Fried Queen Prawns (4)	142
Calamari	85
Tentacles	90
Salmon Fishcakes (2)	68
West Coast Mussels	76
Full Portion Hake	165
Sirloin steak	200



Sizzling

GRILLS & BURGERS

Schnitzel

Tempura battered, served with a side and sauce of your choice.

Chicken	155
Beef	197

Tempura Chicken Winglets (8) 139

Coated in sticky teriyaki or teriyaki chilli sauce and a side of your choice.

Chicken Strips 125

12 Chicken strips, tempura-battered, served with a side of your choice.

Moerse Lekker Steak 237

300g sirloin steak, pan-fried and covered with a creamy leek, mushroom and teriyaki sauce, served with a side of your choice.

Classic Steak 215

300g sirloin steak, pan-fried with a side of your choice.

Add a Sauce

Cheese	35
Pepper	35
Mushroom	35
Creamy Garlic	35

Burgers

Thoban Burger 155

200g Beef patty with cheese, lettuce, tomato, our famous burger sauce, served with chips and onion rings.

The Stack 175

200g Beef patty with crispy onion, bacon, lettuce, tomato, cheese, our famous burger sauce, served with chips and onion rings.

Fried double chicken 150

2 southern fried chicken breasts on a toasted burger bun with coleslaw, served with chips and onion rings.



KIDS MEALS

For ages 12 and under

Beef Burger and Chips — 65
Kiddies beef burger served with chips.

Hake and Chips — 88
Tempura-battered hake served with homemade tartar sauce and chips.

Chicken Strips and Chips — 75
Tempura-battered chicken strips served with chips.

Calamari and Chips — 125
Flour-dusted calamari, spiced, served with homemade tartar sauce and chips.

Chicken Chow Mein — 61
Chicken and stir-fried vegetables with egg noodles.

Kids Sushi Platter — 149
2 Salmon Roses, 4 Salmon California, 3 Avo Maki.

Salmon Fishcake and Chips — 61
1 Salmon fishcake served with homemade tartar sauce and chips.



CLASSIC SUSHI

Swap Salmon or Prawn for Tuna when available.

Maki (3 / 6)

Nori seaweed on the outside, rice and filling on the inside.

Veg	30	54
Avo	30	54
Salmon	37	66
Prawn	37	66

Hand Roll (1)

Cone-shaped nori seaweed filled with rice, fish, mayo, cucumber, lettuce and avo. Plain or spicy.

Veg	68
Salmon	85
Prawn	85
Prawn Tempura	87

Fashion Sandwich (4 / 8)

Layers of rice, nori, mayo, fish and avo creating a sandwich.

Veg	60	108
Salmon	74	133
Prawn	74	133

California Roll (4 / 8)

Rice on the outside, nori seaweed, avo, and fish inside the roll.

Veg	48	86
Salmon	61	110
Prawn	61	110

Salmon Roses (4 / 8) 92 179

Salmon wrapped around rice topped with mayo and caviar.

SSalmon Sashimi (2 / 4) 70 125

25g portion of salmon.

Salmon Nigiri (2 / 4) 48 86

Fish on pressed rice.

Seared Salmon or Tuna (4) 140

Sashimi-sized salmon or tuna, seared and seved with avo and a special dipping sauce.

Poke bowls

Rice, salmon, tuna, prawn, bean curd, avo and cucumber, sprinkled with sesame seeds. Spicy or plain.

Rainbow Poke Bowl	**196**
All Salmon Poke Bowl	**196**



TEMPURA SUSHI

Crispy Creations

Tempura Roll (4)(8)

Rice on the outside filled with nori, tempura prawn or chicken and avo, topped with sweet chilli mayo.

Prawn	67	120
Chicken	56	100

Deep Fried Dragon Roll (4)(8) 97 174

Tempura prawn roll partly deep fried and layered with salmon and avo, topped with teriyaki sauce and caviar.

Hot Philadelphia (4)(8) 98 176

Large deep-fried maki with smoked salmon, cream cheese and spring onion, topped with teriyaki sauce.

Spicy Salmon Rock Shrimp (4)(8) 120 216

Spicy salmon maki in rice paper topped with tempura prawns and sriracha mayo.

Volcano Roll (5)(10) 85 155

Spicy futomaki with tempura prawn, lettuce, cucumber and sriracha mayo, sprinkled with 7 spice



SPECIAL SUSHI

Swap Salmon or Prawn for Tuna when available.

Salmon Grenades (3) 95

Salmon wrapped around rice with a spicy chopped salmon centre, topped with teriyaki sauce, spicy mayo, spring onion, and tempura crunch.

Dragon Roll (4 / 8) 85 155

Prawn California, layered with salmon on top.

Rainbow Roll (4 / 8)

California roll layered with avocado and salmon on top.

Salmon	80	145
Prawn	80	145

Inari (2 / 4)

Bean curd filled with rice topped with fish, mayo and avo. Plain or spicy.

Mayo	50	100
Salmon	80	145
Prawn	80	145

Wasabi Parcel (4 / 8) 84 151

Salmon and wasabi sandwich, topped with wasabi and caviar.

Special Salmon California (4 / 8) 80 145

Salmon California topped with sesame oil, teriyaki sauce, 7 spice, mayo and caviar.

Philadelphia Roll (4 / 8) 80 145

Rice on the outside with nori, smoked salmon and cream cheese inside.

Drift Prawn and Avo Roll (4 / 8) 80 145

Prawn California layered with avo on top.

Sushi Burger (1)

Rice ball, tempura and fried. Cut open and filled with fish, mayo, lettuce and avo. Plain or spicy.

Salmon	99
Prawn	99



SUSHI PLATTERS

Vegetarian Platter 250

4 Veg Fashion Sandwich, 4 Veg California, 6 Avo Maki, Veg Hand Roll, Mayo Inari.

Lagoon Platter

4 Salmon Roses, 1 Prawn Nigiri, 1 Salmon Nigiri, 4 Prawn California, 4 Salmon Fashion Sandwich.

Original	259
All Salmon/Tuna	259

Beach Platter

2 Salmon Sashimi, 4 Salmon Roses, 4 Crab California, 4 Salmon Fashion Sandwich.

Original	260
All Salmon/Tuna	275

Mykonos Platter

6 Salmon Roses, 8 Salmon Fashion Sandwich, 8 Prawn California, 6 Avo Maki, 6 Avo Maki.

Original	343
All Salmon/Tuna	426

All in One Platter

10 Salmon Roses, 8 Prawn Fashion Sandwich, 8 Salmon Fashion Sandwich, 8 Chicken California, 8 Prawn California, 6 Avo Maki, 6 Avo Maki, 6 Prawn Maki.

Original	753
All Salmon/Tuna	839

Sushi Lovers Platter

4 Salmon Roses, 4 Tempura Prawn Roll, 4 Salmon Fashion Sandwich, 4 Special Salmon California, 3 Avo Maki, 3 Avo Maki.

Original	330
All Salmon/Tuna	355

West Coast Platter 132

2 Salmon Roses, 4 Salmon California, 3 Avo Maki.

Kraalbaai Platter 155

2 Salmon Roses, 4 Salmon Fashion Sandwiches, 3 Prawn Maki.

Sandbaai Platter 176

2 Salmon Roses, 4 Salmon Fashion Sandwiches, 4 Salmon California.

Salmon Platter 352

2 Salmon Sashimi, 4 Salmon Roses, 4 Salmon Fashion Sandwiches, 4 Salmon California, 2 Salmon Nigiri, 3 Salmon Maki.

Paradise Platter 317

4 Salmon Roses, 4 Salmon California, 4 Philadelphia, 8 Tempura Prawn Rolls.

Thoban Platter 317

2 Salmon Inari, 4 Special Salmon California, 4 Spicy Salmon Rock Shrimp, 3 salmon grenades.

Sweet!

DESSERTS



Crème Brulee 72

Ama-Mousse 65
Chocolate mousse topped with Amarula cream

Chocolate Mousse 55

Irish Coffee
VAT 69 55
J&B 55
Jameson 60

Dom Pedro 72
With your choice between, Kalua, Amarula, Whiskey or Frangelico

Policemans Coffee 75
Espresso with vanilla vodka, Kahlúa and creamy ice cream

Deep Fried Ice-Cream 60
Ice-cream wrapped in sponge cake tempura batter and deep fried drizzled with chocolate sauce

Dessert Trio 75
A mini Creme brule, chocolate mousse, and chocolate spring roll with a serving of ice cream

Ice-Cream with chocolate sauce 50

Homemade Oreo Ice-Cream 55

Chocolate Spring Rolls (2) 60
Served with ice cream

