



Welcome to Thoban Chefs

We are thrilled to have you here, and we hope you enjoy a delicious meal and a great time with us!

Corkage fee - R30 per bottle (Wine ONLY - No hard liquor)

Maximum of 3 corkage bottles per table

10% service charge added to bills with 8 or more

At busy times, food can take 45 min - 1 Hour

Parking and restaurant area at own risk

Breakfast

Egg options: Fried, Poached or Scrambled

Frittata Waffle (Egg Waffle)

71

Filled with bacon bits mix bell peppers, mushrooms, spring onion and cheddar cheese

Bacon Brekkie

66

Three rashers of bacon and cheddar cheese on the side, with a full waffle or 2 slices of ciabatta.

Benedict

93

Two rashers of bacon, 2 poached eggs and hollandaise sauce with a full waffle or 2 slices of ciabatta.

Thoban

111

Two eggs, two rashers of bacon, fried tomato, mushrooms and cheese griller with a full waffle or 2 slices of ciabatta.

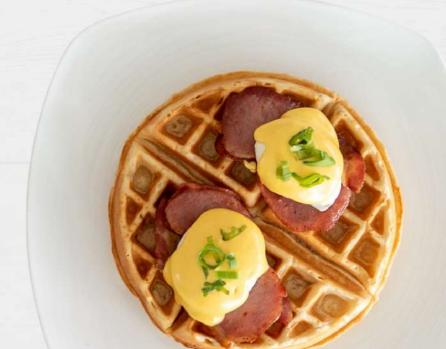
Sunrise

65

One egg, two rashers of bacon and a fried tomato with half waffle or 1 slice of ciabatta bread.

Extras

Chips	20 40
Tomato slice	10
Egg	10
Bacon	20
Cheese griller	25
Cheese	20
Mushrooms	20
Fried Banana	15
Slice of ciabatta	15
Half Waffle	15
Hollandaise sauce	15



Sweet! Belgian Waffles

Full Half

Bar'Mallow Waffle

71 44

Waffle topped with Bar-one spread and Roasted Marshmallows Drizzled with Dark Chocolate Sauce with your choice of Cream or Ice Cream

Full Half

Choco Waffle

71 44

Waffle topped with chocolate Mousse and Drizzled with Dark Chocolate Sauce with your choice of Cream or Ice Cream

Full Half

Go Bananas Waffle

66 42

Waffle topped with Sliced Banana and Caramel Sauce with your choice of Cream or Ice Cream

Full Half

Berry Blues Waffle

71 44

Waffle drizzled with Blueberry Sauce and your choice of Cream or Ice Cream

Full Half

Oreo Waffle

71 44

Waffle topped with Homemade Oreo Ice Cream, Oreo bits and Drizzled with Dark Chocolate Sauce

Full Half

Plain Jane Waffle

50 33

Waffle topped with your choice of Cream or Ice Cream served with a selection of Syrups



Starters

Tempura Prawns (3) 79 Tempura Prawns served with sriracha mayo Jalapeno Poppers (2 large) Crumbed and stuffed with smoked salmon and cream cheese, served with thai sweet chili sauce Tempura Chicken Winglets (4) Coated in sticky teriyaki or teriyaki chilli sauce Thai Chicken Balls (3) 55 Homemade Thai chicken balls, tempura battered, topped with teriyaki sauce and sriracha mayo. **Dumplings** Fried Wontons (3) 55 Steamed dumplings Fried wontons with sweet and sour sauce on served with a dipping sauce the side Chicken (4) 55 Prawn (3) 78 Sesame Chicken 55 Pork (4) 55 Tempura chicken cubes tossed in teriyaki sauce and sesame seeds Spring Rolls Served with a Thai sweet chilli sauce 70 10 Mussels Chicken (2) 49 Creamy garlic mussels served with 1 slice Prawn (2) ciabatta bread 55 Vegetable (2) 49 Calamari 66 Flour dusted, served with homemade tar-tar Seared Salmon or Tuna (4) 130 sauce Sashimi sized salmon or Tuna seared, served with avo and a special dipping sauce Creamy Prawn Salad (4) Prawns tempura battered covered in a creamy Homemade Salmon fishcakes (2) 55 sriracha mayo on a bed of lettuce

Served with homemade tar-tar sauce



Crab salad

Crab Stick salad with lettuce, mayo, pickle ginger and caviar

Greek salad (Table Size)

96

50

Green salad with red onions, olives and feta cheese.

Prawn Salad

79

Prawn salad with avo, cucumber, lettuce, mayo, pickle ginger and caviar

Sweet Corn Soup

55

Asian style sweet corn, with eggs and chicken broth

Tom Yum Soup

78

Hot and spicy seafood with shiitake and black & white mushroom soup

Wonton Soup

74

Wontons and noodles in an Asian mushroom and chicken broth

Oysters

Fresh Live Oysters available

3 Oysters 75 6 Oysters 140





Extras and SICIES

Extras

Chips 20)	40
Rice		20
Savory Rice		35
Egg Noodles		20
Stir-fry Vegetables		35
Side salad		35
Small Greek Salad		45
Egg-fried rice		35
2 Tempura Prawns		40
2 Pan fried Prawns		40



Standard Sides

Choice of standard sides:

Chips

Rice

Egg Noodles

Upgrade your Sides

Upgrade your standard sides to any of the following with your main meal:

Large Chips	20
Savory Rice	15
Stir-fry Vegetables	15
Side Salad	15
Small Greek Salad	25
Egg-fried Rice	15
	Savory Rice Stir-fry Vegetables Side Salad Small Greek Salad

Authentic ASIGN MGINS

Chow Mein

Stir fry vegetables with egg noodles

Vegetable	82
Chicken	95
Pork	105
Beef	115
Prawn	143

Sweet and Sour

Tempura battered in a celery, onion, peppers and pineapple sweet and sour sauce served with rice or egg noodles

Chicken	107
Pork	126
Beef	138
Prawn	184



Chop Suey

Stir fry vegetables with rice

Vegetable	82
Chicken	95
Pork	105
Beef	115
Prawn	143

Teriyaki (sweet soy glaze)

Tempura battered cubes in teriyaki sauce served with rice or egg noodles

Chicken	107
Pork	126
Beef	138
Prawn	184



Thai Curry

Thai Green or Thai Red or Thai Panang (Has a hint of peanut butter)

Creamy Thai vegetable curry served with rice or egg noodles

Vegetable	105
Chicken	138
Chicken & Prawn	170
Pork	145
Beef	150
Prawn	190

Sizzling hot plate

Pepper Beef

162

Sirloin beef strips in a black pepper teriyaki sauce served on a sizzle plate with rice of egg noodles



Try me Chefs Special

Crispy Chicken (Very Crispy)

120

Crispy shredded chicken in a sweet-savoury sauce on top of rice

Thai Sweet Chilli Chicken

127

Tempura battered chicken cubes in a Thai sweet chilli sauce served with rice or egg noodles

Asian Pork Pancakes (8)

138

Pork strips and spring onion in a sweet soy sauce served with Asian pancakes

Chilli Black Bean Chicken Fried Rice 127

Chicken stir fry with rice chillies and black soy beans

General TSO's Chicken

127

Tempura battered chicken cubes in sweet soy and hoisin sauce with chilli served with rice or egg noodles

Mongolian Beef

162

Fried sirloin beef strips in a sweet soy sauce with spring onion and chilli served with rice or egg noodles

Steak and Noodles

145

Sirloin steak strips in a creamy pepper sauce mix with egg noodles

Fresh Sectooc

225

Hake 130

Tempura battered or pan fried hake served with homemade tar-tar sauce with a side of your choice.

120 Calamari

Flour dusted calamari served with homemade tar-tar sauce and side of your choice

Pan Fried Prawns (10)

Queen prawns pan fried in garlic lemon butter and a side of your choice

78 Fishcakes (4)

Homemade Salmon fishcakes served with tartar sauce and side of your choice

Tempura Prawns (8)

210

Tempura prawns served with sriracha mayo and a side of your choice

20 Mussels 120

Creamy garlic mussels served with 2 slices of ciabatta bread

Salmon Steak

240

Butter poached salmon steak in a lemonbutter caper sauce served with a side of your choice

Salmon Teriyaki Steak

240

Pan fried salmon steak in a sticky teriyaki sauce served with a side of your choice



Tuna Steak

Pan Fried tuna steak served with a side of your choice

Sticky teriyaki sauce	190
Coarse black pepper	190
Black and white sesame seeds	190

3-Way Tuna Steak

190

Small portion of each of the above tuna steaks, served with a side of your choice



So good! Seafood combos

Tempura Seafood Platter

250

3 tempura prawns, tempura battered hake, flour dusted calamari, 2 salmon fishcakes and creamy garlic mussels served with sriracha mayo, homemade tar-tar sauce and a side of your choice

Prawn (6) and Calamari

180

6 Tempura or grilled prawns and flour dusted calamari served with homemade tar-tar sauce and side of your choice

Hake and Mussels (10)

side of your choice

Grill Seafood Platter

175

250

Tempura battered or pan fried hake and creamy garlic mussels served with homemade tar-tar sauce and side of your choice

3 Queen prawns pan fried in lemon garlic

butter, grilled hake, flour dusted calamari,

salmon fishcake and creamy garlic mussels

served with homemade tar-tar sauce and a

Prawn (6) and Mussels (10)

180

Creamy garlic mussels and tempura or grilled prawns, served with homemade tar-tar sauce and side of your choice

Calamari and Mussels (10)

140

Creamy garlic mussels and flour dusted calamari served with homemade tar-tar sauce and side of your choice

Prawn (6) and Hake

190

Tempura battered or pan fried hake and 6 tempura or grilled prawns, served with homemade tar-tar sauce and side of your choice

Hake and Calamari

165

Tempura battered or pan fried hake and flour dusted calamari served with homemade tar-tar sauce and side of your choice





110

120

85

Schnitzel

Tempura battered served with a side and sauce of your choice

Chicken	120
Pork	132

Butter Pan Fried Chicken 125

Chicken breast, pan fried in butter on top of savoury rice, topped up with fried mushrooms

Cajun Chicken salad

Green salad with strips of cajun style chicken with a creamy cajun dressing

Tempura Chicken Winglets (8)

Coated in sticky teriyaki or teriyaki chilli sauce and a side of your choice.

Chicken Strips

Chicken strips tempura battered served with a side of your choice

Moerse Lekker Steak

250g Sirloin steak pan fried and flambéed in brandy covered with a creamy leak, mushroom and teriyaki sauce served with a side of your choice

Steak and Calamari

250g Sirloin steak, pan fried and flambéed with flour dusted calamari, served with a side of your choice

Steak and Mussels (10)

250g Sirloin steak, pan fried and flambéed with creamy mussels, served with a side of your choice

Steak and Prawns (6)

250g Sirloin steak, pan fried and flambéed with tempura or grilled prawns, served with a side of vour choice

Classic Steak

250g Sirloin steak pan fried and flambéed with a side of your choice

Add a sauce to your classic steak

Add a sauce to your classic steak	
Cheese	35
Pepper	35
Mushroom	35
Creamy garlic	35



220

220

240

155

190



Kids love our Medis

For ages 12 and under

Hake and Chips

Tempura battered hake served with homemade tar-tar sauce and chips

Chicken Strips and Chips

50

55

Chicken strips tempura battered served with chips

Calamari and Chips

65

Flour dusted calamari, spiced, served with homemade tar-tar sauce and chips





Chicken Chow Mein

50

Chicken and stir fry vegetables with egg noodles

Kids Sushi Platter

120

2 Salmon Roses, 4 Salmon California, 3 Avo Maki

Salmon fishcake and chips

45

1 Salmon fishcake served with homemade tar-tar sauce and chips

The classics SUS n

Swop Salmon or Prawn for Tuna (when available)

Maki (3)(6)

Nori seaweed on the outside rice and filling on the inside

Veg	30	54
Avo	30	54
Salmon	37	66
Prawn	37	66
Crabstick	30	54

Hand Roll (1)

Cone shaped nori seaweed filled with rice, fish, mayo, cucumber, lettuce and avo (plain or spicy)

Veg 52 Salmon 80 Prawn 80 Prawn Tempura 87



Salmon Roses (4)(8) 79 142

Salmon wrapped around rice topped with mayo and caviar

Sashimi Salmon (2)(4)

66 119

25g portion of Salmon

Swop Salmon or Prawn for Tuna (when available)

California Roll (4)(8)

Rice on the outside, nori seaweed, avo and fish inside the roll

Veg	48	86
Salmon	61	110
Prawn	61	110
Crabstick	48	86

Nigiri (2)(4)

Fish on pressed rice

Salmon	48	86 86
Prawn	48	

Poke Bowl

185

Rice, Salmon, Tuna, Prawn, Bean curd, Avo and Cucumber, sprinkled with sesame seeds (spicy or plain)

Salmon Rice Bowl

165

Rice, Spicy Seared Salmon, Cucumber & Avo, sprinkled with Coriander topped with a Sriracha Mayo sauce



Fashion Sandwich (4)(8)

Layers of rice, nori, mayo, fish and avo creating a sandwich

\	0.0	400
Veg	60	108
Salmon	74	133
Prawn	74	133
Crabstick	60	108



Tempura SUShi

Tempura Roll (4)(8)

Rice on the outside filled with nori, tempura prawn or chicken and avo topped with sweet chilli mayo

Prawn 67 120 Chicken 56 100

Deep Fried Dragon Roll (4)(8)

97 174

Tempura prawn roll half deep fried layer with salmon then avo topped with teriyaki sauce and caviar

Hot Philadelphia (4)(8)

98 176

Futomaki (large maki) deep fried with smoked salmon, cream cheese and spring onion inside topped with teriyaki sauce

Spicy Salmon Rock Shrimp (4)(8)

98 176

Spicy salmon maki made with rice paper top with tempura prawns covered with sriracha mayo

Volcano Roll (5)(10)

80 145

Spicy futomaki roll with tempura prawn, lettuce, cucumber and sriracha mayo sprinkled with 7 spice

Sweet Futomaki (5)(10)

109 197

Futomaki deep fried with crabstick and spring onion inside topped with teriyaki sauce and sriracha mayo and caviar



Special Shaper Special Shaper Special Shaper Shaper

Swop Salmon or Prawn for Tuna (when available)

Dragon Roll (4)(8)

80 145

Prawn California layered with salmon on top

Rainbow Roll (4)(8)

California roll layered with avo and salmon on top

Salmon 80 145 Prawn 80 145

Inari (2)(4)

Bean curd filled with rice topped with fish, mayo and avo (plain or spicy)

Mayo 50 100 Salmon 80 145 Prawn 80 145

Sweet and Spicy Roll (4)(8) 67 121

Crab California topped with sweet and spicy crab

Special Salmon California (4)(8) 80 145

Salmon California topped with sesame oil, teriyaki sauce, 7 spice, mayo and caviar

Wasabi Parcel (4)(8)

84 151

Salmon and wasabi sandwich, topped with wasabi and caviar



Sushi Burger (1)

Rice ball tempura and fried. Cut open and filled with fish, mayo, lettuce and avo (plain or spicy)

Salmon 61 Prawn 61

Philadelphia Roll (4)(8)

80 145

Rice on the outside with nori, smoked salmon and cream cheese inside

Drift Prawn and Avo Roll (4)(8)

80 145

Prawn California layered with avo on top

Platters SUShi

All Salmon platters are also available in All Tuna or All Prawn. (when available)



215

299

Original All Salmon

4 Veg Fashion Sandwich, 4 Veg California, 6 Avo Maki, Veg Hand roll, Mayo Inari

	Original	All Sall IIO
Lagoon Platter *	230	230
4 Salmon Roses, 1 Prawn Nigi	ri, 1 Salmon	
Nigiri, 4 Prawn California, 4 Sa	almon	
Fashion Sandwich		
Beach Platter *	235	267
2 Salmon Sashimi, 4 Salmon F	Poses 4 Crah	
California, 4 Salmon Fashion		,
Camorria, 4 Samorri asmorri.	Sandwich	
Mykonos Platter *	343	426
6 Salmon Roses, 8 Salmon Fas	shion	
Sandwich, 8 Crab California, 6	Avo Maki, 6	
Crab Maki		
All in One Platter *	685	763
10 Salmon Roses, 8 Prawn Fas	shion	

Sandwich, 8 Salmon Fashion Sandwich, 8 Crab California 8 Prawn California, 6 Crab

4 Salmon Roses, 4 Tempura Prawn Roll, 4 Salmon Fashion Sandwich, 4 Special Salmon California 3 Avo Maki, 3 Crab Maki

Maki, 6 Avo Maki, 6 Prawn Maki

Sushi Lovers Platter *

267 426 763



West Coast Platter 120 2 Salmon Roses, 4 Salmon California, 3 Avo Maki

Kraalbaai Platter 135 2 Salmon Roses, 4 Salmon Fashion Sandwich, 3 Prawn Maki

Sandbaai Platter 160 2 Salmon Roses, 4 Salmon Fashion Sandwich, 4 Salmon California

Salmon Platter	318
2 Salmon Sashimi, 4 Salmon	Roses, 4
Salmon Fashion Sandwich, 4	Salmon
California, 2 Salmon Nigiri 3 S	Salmon Maki

Paradise Platter	317
4 Salmon Roses, 4 Salmon Calif	ornia, 4
Philadelphia, 8 Tempura Prawn	roll

Thoban Platter	317
2 Salmon Inari, 4 Special :	Salmon
California, 4 Spicy Salmor	Rock Shrimp, 5
Sweet Futomaki	

Sweet! Desserts

65



Homemade Oreo Ice-Cream	50
Deep Fried Ice-Cream	55
Ice-cream wrapped in sponge cake	tempura
batter and deep fried drizzled with	chocolate
sauce	

Ice-Cream with chocolate sauce	40
Chocolate Spring Rolls (2)	50

3-Way Dessert

Served with ice cream

Crème Brulee 50 Ama-Mousse 63 Chocolate mousse topped with Amarula cream Chocolate Mousse 50

Irish Coffee With your choice between

VAT 69	50
J&B	55
Jameson	65

Dom Pedro 50 With your choice between, Kalua, Amarula,

