



# Welcome to Thoban Chefs

**We are thrilled to have you here, and we hope you enjoy a delicious meal and a great time with us!**

**CORKAGE FEE - R40 PER BOTTLE (WINE ONLY - NO HARD LIQUOR)**

**MAXIMUM OF 3 CORKAGE BOTTLES PER TABLE**

**10% SERVICE CHARGE ADDED TO BILLS WITH 8 OR MORE**

**AT BUSY TIMES, FOOD CAN TAKE 45 MIN - 1 HOUR**

**PARKING AND RESTAURANT AREA AT OWN RISK**

# Breakfast

Egg options: Fried, Poached or Scrambled

## Frittata 75

Filled with bacon bits mix bell peppers, mushrooms, spring onion and cheddar cheese

## Bacon Brekkie 70

Three rashers of bacon and cheddar cheese on the side, with a full waffle or 2 slices of ciabatta.

## Benedict 97

Two rashers of bacon, 2 poached eggs and hollandaise sauce with a full waffle or 2 slices of ciabatta.

## Thoban 115

Two eggs, two rashers of bacon, fried tomato, mushrooms and cheese griller with a full waffle or 2 slices of ciabatta.

## Sunrise 65

One egg, two rashers of bacon and a fried tomato with half waffle or 1 slice of ciabatta bread.

## Extras

Chips	25	50
Tomato slice	10	
Egg	10	
Bacon	20	
Cheese griller	33	
Cheese	20	
Mushrooms	20	
Fried Banana	18	
Slice of ciabatta	15	
Half Waffle	15	
Hollandaise sauce	15	



# *Sweet!* Belgian Waffles

**Bar'Mallow Waffle** Full Half  
75 46  
Waffle topped with Bar-one spread and  
Roasted Marshmallows Drizzled with Dark  
Chocolate Sauce with your choice of Cream  
or Ice Cream

**Choco Waffle** Full Half  
75 46  
Waffle topped with chocolate Mousse and  
Drizzled with Dark Chocolate Sauce with  
your choice of Cream or Ice Cream

**Go Bananas Waffle** Full Half  
75 46  
Waffle topped with Sliced Banana and  
Caramel Sauce with your choice of Cream  
or Ice Cream

**Berry Blues Waffle** Full Half  
71 44  
Waffle drizzled with Blueberry Sauce and  
your choice of Cream or Ice Cream

**Oreo Waffle** Full Half  
75 46  
Waffle topped with Homemade Oreo Ice  
Cream, Oreo bits and Drizzled with Dark  
Chocolate Sauce

**Plain Jane Waffle** Full Half  
55 35  
Waffle topped with your choice of Cream or  
Ice Cream served with a selection of Syrups



Please Note: Waffles are not available during loadshedding

# Tasty Starters

**Tempura Prawns (3)** 83  
Tempura Prawns served with sriracha mayo

**Jalapeno Poppers (2 large)** 75  
Crumbed and stuffed with smoked salmon and cream cheese, served with thai sweet chili sauce

**Tempura Chicken Winglets (4)** 63  
Coated in sticky teriyaki or teriyaki chilli sauce

**Thai Chicken Balls (3)** 58  
Homemade Thai chicken balls, tempura battered, topped with teriyaki sauce and sriracha mayo.

**Fried Wontons (3)** 58  
Fried wontons with sweet and sour sauce on the side

**Sesame Chicken** 58  
Tempura chicken cubes tossed in teriyaki sauce and sesame seeds

**10 Mussels** 74  
Creamy garlic mussels served with 1 slice ciabatta bread

**Calamari** 70  
Flour dusted, served with homemade tar-tar sauce

**Creamy Prawn Salad (4)** 70  
Prawns tempura battered covered in a creamy sriracha mayo on a bed of lettuce



## Dumplings

Steamed dumplings served with a dipping sauce

Chicken (4)	58
Prawn (3)	82
Pork (4)	58

## Spring Rolls

Served with a Thai sweet chilli sauce

Chicken (2)	52
Prawn (2)	58
Vegetable (2)	52

**Seared Salmon or Tuna (4)** 137  
Sashimi sized salmon or Tuna seared, served with avo and a special dipping sauce

**Homemade Salmon fishcakes (2)** 58  
Served with homemade tar-tar sauce



**Crab salad** 70  
Crab Stick salad with lettuce, mayo, pickle ginger and caviar

**Greek salad (Table Size)** 98  
Green salad with red onions, olives and feta cheese.

**Prawn Salad** 85  
Prawn salad with avo, cucumber, lettuce, mayo, pickle ginger and caviar

**Sweet Corn Soup** 58  
Asian style sweet corn, with eggs and chicken broth

**Tom Yum Soup** 82  
Hot and spicy seafood with shiitake and black & white mushroom soup

**Wonton Soup** 78  
Wontons and noodles in an Asian mushroom and chicken broth

**Oysters**  
Fresh Live Oysters available

3 Oysters 85  
6 Oysters 170



# Extras and Sides

## Extras

Chips	25	50
Rice		20
Savory Rice		35
Egg Noodles		20
Stir-fry Vegetables		40
Side salad		35
Small Greek Salad		45
Egg-fried rice		35
2 Tempura Prawns		40
2 Pan fried Prawns		40



## Standard Sides

Choice of standard sides:

- Chips
- Rice
- Egg Noodles

## Upgrade your Sides

Upgrade your standard sides to any of the following with your main meal:

Large Chips	25
Savory Rice	15
Stir-fry Vegetables	15
Side Salad	15
Small Greek Salad	25
Egg-fried Rice	15

# Authentic Asian mains

## Chow Mein

Stir fry vegetables with egg noodles

Vegetable	86
Chicken	100
Pork	110
Beef	121
Prawn	150



## Sweet and Sour

Tempura battered in a celery, onion, peppers and pineapple sweet and sour sauce served with rice or egg noodles

Chicken	107
Pork	126
Beef	138
Prawn	184



## Chop Suey

Stir fry vegetables with rice

Vegetable	86
Chicken	100
Pork	110
Beef	121
Prawn	150

## Teriyaki (sweet soy glaze)

Tempura battered cubes in teriyaki sauce served with rice or egg noodles

Chicken	107
Pork	126
Beef	138
Prawn	184

## Thai Curry

Thai Green or Thai Red or  
Thai Panang ( Has a hint of peanut butter )

Creamy Thai vegetable curry served with rice  
or egg noodles

Vegetable	105
Chicken	138
Chicken & Prawn	170
Pork	145
Beef	150
Prawn	190

## Sizzling hot plate

Pepper Beef 162

Sirloin beef strips in a black pepper teriyaki  
sauce served on a sizzle plate with rice or egg  
noodles



*Try me*

# Chefs Special

Crispy Chicken (Very Crispy) 120

Crispy shredded chicken in a sweet-savoury  
sauce on top of rice

Thai Sweet Chilli Chicken 127

Tempura battered chicken cubes in a Thai  
sweet chilli sauce served with rice or egg  
noodles

Asian Pork Pancakes (8) 145

Pork strips and spring onion in a sweet soy  
sauce served with Asian pancakes

Chilli Black Bean Chicken Fried Rice 127

Chicken stir fry with rice chillies and black soy  
beans

General TSO's Chicken 127

Tempura battered chicken cubes in sweet soy  
and hoisin sauce with chilli served with rice or  
egg noodles

Mongolian Beef 162

Fried sirloin beef strips in a sweet soy sauce  
with spring onion and chilli served with rice or  
egg noodles

Steak and Noodles 162

Sirloin steak strips in a creamy pepper sauce  
mix with egg noodles



# Fresh Seafood

## Hake 140

Tempura battered or pan fried hake served with homemade tar-tar sauce with a side of your choice.

## Calamari 130

Flour dusted calamari served with homemade tar-tar sauce and side of your choice

## Pan Fried Prawns (10) 236

Queen prawns pan fried in garlic lemon butter and a side of your choice

## Fishcakes (4) 110

Homemade Salmon fishcakes served with tar-tar sauce and side of your choice

## Tempura Prawns (8) 210

Tempura prawns served with sriracha mayo and a side of your choice

## 20 Mussels 135

Creamy garlic mussels served with 2 slices of ciabatta bread

## Salmon Steak 252

Butter poached salmon steak in a lemon-butter caper sauce served with a side of your choice

## Salmon Teriyaki Steak 252

Pan fried salmon steak in a sticky teriyaki sauce served with a side of your choice



## Tuna Steak

Pan Fried tuna steak served with a side of your choice

Sticky teriyaki sauce 220

Coarse black pepper 220

Black and white sesame seeds 220

## 3-Way Tuna Steak 220

Small portion of each of the above tuna steaks, served with a side of your choice

# *So good!* Seafood combos

## Tempura Seafood Platter 263

3 tempura prawns, tempura battered hake, flour dusted calamari, 2 salmon fishcakes and creamy garlic mussels served with sriracha mayo, homemade tar-tar sauce and a side of your choice

## Prawn (6) and Calamari 189

6 Tempura or grilled prawns and flour dusted calamari served with homemade tar-tar sauce and side of your choice

## Prawn (6) and Mussels (10) 189

Creamy garlic mussels and tempura or grilled prawns, served with homemade tar-tar sauce and side of your choice

## Prawn (6) and Hake 199

Tempura battered or pan fried hake and 6 tempura or grilled prawns, served with homemade tar-tar sauce and side of your choice

## Hake and Calamari 174

Tempura battered or pan fried hake and flour dusted calamari served with homemade tar-tar sauce and side of your choice

## Grill Seafood Platter 263

3 Queen prawns pan fried in lemon garlic butter, grilled hake, flour dusted calamari, salmon fishcake and creamy garlic mussels served with homemade tar-tar sauce and a side of your choice

## Hake and Mussels (10) 184

Tempura battered or pan fried hake and creamy garlic mussels served with homemade tar-tar sauce and side of your choice

## Calamari and Mussels (10) 147

Creamy garlic mussels and flour dusted calamari served with homemade tar-tar sauce and side of your choice



# Meaty Grills



## Schnitzel

Tempura battered served with a side and sauce of your choice

Chicken	126
Pork	139

## Butter Pan Fried Chicken

Chicken breast, pan fried in butter on top of savoury rice, topped up with fried mushrooms

132

## Cajun Chicken salad

Green salad with strips of cajun style chicken with a creamy cajun dressing

115

## Tempura Chicken Winglets (8)

Coated in sticky teriyaki or teriyaki chilli sauce and a side of your choice.

126

## Chicken Strips

Chicken strips tempura battered served with a side of your choice

89

## Moerse Lekker Steak

250g Sirloin steak pan fried and flambéed in brandy covered with a creamy leak, mushroom and teriyaki sauce served with a side of your choice

215

## Steak and Calamari

250g Sirloin steak, pan fried and flambéed with flour dusted calamari, served with a side of your choice

249

## Steak and Mussels (10)

250g Sirloin steak, pan fried and flambéed with creamy mussels, served with a side of your choice

249

## Steak and Prawns (6)

250g Sirloin steak, pan fried and flambéed with tempura or grilled prawns, served with a side of your choice

272

## Classic Steak

250g Sirloin steak pan fried and flambéed with a side of your choice

175

### Add a sauce to your classic steak

Cheese	40
Pepper	40
Mushroom	40
Creamy garlic	40



# *Kids love our* **Kids Meals**

For ages 12 and under

## Hake and Chips

Tempura battered hake served with homemade tar-tar sauce and chips

80

## Chicken Strips and Chips

Chicken strips tempura battered served with chips

55

## Calamari and Chips

Flour dusted calamari, spiced, served with homemade tar-tar sauce and chips

75



## Chicken Chow Mein

Chicken and stir fry vegetables with egg noodles

55

## Kids Sushi Platter

2 Salmon Roses, 4 Salmon California, 3 Avo Maki

120

## Salmon fishcake and chips

1 Salmon fishcake served with homemade tar-tar sauce and chips

55

# The classics Sushi

Swop Salmon or Prawn for Tuna (when available)

## Maki (3)(6)

Nori seaweed on the outside rice and filling on the inside

Veg	30	54
Avo	30	54
Salmon	37	66
Prawn	37	66
Crabstick	30	54

## Hand Roll (1)

Cone shaped nori seaweed filled with rice, fish, mayo, cucumber, lettuce and avo (plain or spicy)

Veg	58
Salmon	85
Prawn	80
Prawn Tempura	87



## Salmon Roses (4)(8) 88 165

Salmon wrapped around rice topped with mayo and caviar

## Sashimi Salmon (2)(4) 66 119

25g portion of Salmon

## Swap Salmon or Prawn for Tuna (when available)

### California Roll (4)(8)

Rice on the outside, nori seaweed, avo and fish inside the roll

Veg	48	86
Salmon	61	110
Prawn	61	110
Crabstick	48	86

### Nigiri (2)(4)

Fish on pressed rice

Salmon	48	86
Prawn	48	86

### Poke Bowl

190

Rice, Salmon, Tuna, Prawn, Bean curd, Avo and Cucumber, sprinkled with sesame seeds (spicy or plain)

### Salmon Rice Bowl

175

Rice, Spicy Seared Salmon, Cucumber & Avo, sprinkled with Coriander topped with a Sriracha Mayo sauce



### Fashion Sandwich (4)(8)

Layers of rice, nori, mayo, fish and avo creating a sandwich

Veg	60	108
Salmon	74	133
Prawn	74	133
Crabstick	60	108

# Tempura Sushi

## Tempura Roll (4)(8)

Rice on the outside filled with nori, tempura prawn or chicken and avo topped with sweet chilli mayo

Prawn 67 120

Chicken 56 100

## Deep Fried Dragon Roll (4)(8) 97 174

Tempura prawn roll half deep fried layer with salmon then avo topped with teriyaki sauce and caviar

## Hot Philadelphia (4)(8) 98 176

Futomaki (large maki) deep fried with smoked salmon, cream cheese and spring onion inside topped with teriyaki sauce

## Spicy Salmon Rock Shrimp (4)(8) 98 176

Spicy salmon maki made with rice paper top with tempura prawns covered with sriracha mayo

## Volcano Roll (5)(10) 80 145

Spicy futomaki roll with tempura prawn, lettuce, cucumber and sriracha mayo sprinkled with 7 spice

## Sweet Futomaki (5)(10) 109 197

Futomaki deep fried with crabstick and spring onion inside topped with teriyaki sauce and sriracha mayo and caviar



# Special Sushi

Swap Salmon or Prawn for Tuna (when available)

**Dragon Roll (4)(8)** 80 145  
Prawn California layered with salmon on top

**Rainbow Roll (4)(8)**  
California roll layered with avo and salmon on top

Salmon 80 145  
Prawn 80 145

**Inari (2)(4)**  
Bean curd filled with rice topped with fish, mayo and avo (plain or spicy)

Mayo 50 100  
Salmon 80 145  
Prawn 80 145

**Sweet and Spicy Roll (4)(8)** 67 121  
Crab California topped with sweet and spicy crab

**Special Salmon California (4)(8)** 80 145  
Salmon California topped with sesame oil, teriyaki sauce, 7 spice, mayo and caviar

**Wasabi Parcel (4)(8)** 84 151  
Salmon and wasabi sandwich, topped with wasabi and caviar



**Sushi Burger (1)**  
Rice ball tempura and fried. Cut open and filled with fish, mayo, lettuce and avo (plain or spicy)

Salmon 70  
Prawn 70

**Philadelphia Roll (4)(8)** 80 145  
Rice on the outside with nori, smoked salmon and cream cheese inside

**Drift Prawn and Avo Roll (4)(8)** 80 145  
Prawn California layered with avo on top



# Platters Sushi

All Salmon platters are also available in All Tuna or All Prawn. (when available)

<b>Vegetarian Platter</b>	215	
4 Veg Fashion Sandwich, 4 Veg California, 6 Avo Maki, Veg Hand roll, Mayo Inari		
	Original	All Salmon
<b>Lagoon Platter *</b>	230	230
4 Salmon Roses, 1 Prawn Nigiri, 1 Salmon Nigiri, 4 Prawn California, 4 Salmon Fashion Sandwich		
<b>Beach Platter *</b>	235	267
2 Salmon Sashimi, 4 Salmon Roses, 4 Crab California, 4 Salmon Fashion Sandwich		
<b>Mykonos Platter *</b>	343	426
6 Salmon Roses, 8 Salmon Fashion Sandwich, 8 Crab California, 6 Avo Maki, 6 Crab Maki		
<b>All in One Platter *</b>	685	763
10 Salmon Roses, 8 Prawn Fashion Sandwich, 8 Salmon Fashion Sandwich, 8 Crab California 8 Prawn California, 6 Crab Maki, 6 Avo Maki, 6 Prawn Maki		
<b>Sushi Lovers Platter *</b>	299	343
4 Salmon Roses, 4 Tempura Prawn Roll, 4 Salmon Fashion Sandwich, 4 Special Salmon California 3 Avo Maki, 3 Crab Maki		



<b>West Coast Platter</b>	120
2 Salmon Roses, 4 Salmon California, 3 Avo Maki	
<b>Kraalbaai Platter</b>	135
2 Salmon Roses, 4 Salmon Fashion Sandwich, 3 Prawn Maki	
<b>Sandbaai Platter</b>	160
2 Salmon Roses, 4 Salmon Fashion Sandwich, 4 Salmon California	
<b>Salmon Platter</b>	318
2 Salmon Sashimi, 4 Salmon Roses, 4 Salmon Fashion Sandwich, 4 Salmon California, 2 Salmon Nigiri 3 Salmon Maki	
<b>Paradise Platter</b>	317
4 Salmon Roses, 4 Salmon California, 4 Philadelphia, 8 Tempura Prawn roll	
<b>Thoban Platter</b>	317
2 Salmon Inari, 4 Special Salmon California, 4 Spicy Salmon Rock Shrimp, 5 Sweet Futomaki	

# Sweet! Desserts



Crème Brulee 50

Ama-Mousse 63  
Chocolate mousse topped with Amarula cream

Chocolate Mousse 50

Irish Coffee  
With your choice between  
VAT 69 50  
J&B 55  
Jameson 65

Dom Pedro 50  
With your choice between, Kalua, Amarula,  
Whiskey or Frangelico

Homemade Oreo Ice-Cream 50

Deep Fried Ice-Cream 55

Ice-cream wrapped in sponge cake tempura  
batter and deep fried drizzled with chocolate  
sauce

3-Way Dessert 65

Ice-Cream with chocolate sauce 40

Chocolate Spring Rolls (2) 50  
Served with ice cream

